

FEELINGS PHOTOS IN FOCUS

SET 3



Loads of photos for exploring
the emotions of adolescents

By Pelican Talk
pelicantalk.com

Images of adolescent aged children. How To Use These Images



1. When we are talking about the feelings of others, it is all about GUESSING - and we guess from the clues that we can observe. There is no right or wrong (...unless it's *obviously* wrong!). **This is an exercise in guessing.** Clues might be one or a combination of: *a) facial expression b) body language c) surroundings/context*
When looking at the images together, draw attention to the clues in the image - the eyes, the eyebrows (often eyebrows give us lots of clues), the shape of the mouth and what the child is doing with their body (including closeness to others).
2. Show individuals how *YOU* guess. Encourage them to guess also, by using language like “**Maybe** she is...” or “I **wonder** if...” Try to avoid saying “How is this girl feeling?” Instead, “How **might** this girl be feeling?”
3. Sometimes, the feeling in focus is pretty obvious, but others are not-so-easy. That’s fine! Acknowledge this!
In real life, sometimes we can’t pinpoint how someone else is feeling.
4. Don’t overwhelm individuals with too many images in one sitting. It is better to explore a small number in depth than whip through lots. Remember that exploring is about discussing the clues together, suggesting possible labels - maybe even copying the facial expressions and body language. Even relate the emotion to individual’s own experiences. Take your time!
5. Labelling a feeling is great - but discussing **WHY** the child **MIGHT** be feeling this way is really valuable too. After all, in real life, it’s important not just to notice someone is sad, but to try and guess **WHY**. This leads to us interacting with others more appropriately.
6. Lastly, an individual can only make likely guesses if they have the emotional labels in their vocabulary. Studying a specific emotion allows a child to learn how to recognise and label, for example, *angry vs. jealous vs annoyed*.
Coco Koala Emotions Cards from *Pelican Talk* do just this. Not only does the pack include 24 double-sided emotions cards, but you also receive downloadable activities and teaching tips to really learn about each emotion covered. **Find them in Pelican Talk’s online store:** pelicantalk.com/shop



Coco Koala Emotions Cards include facial expression, body language, context (where needed), common verbalisations associated with the feeling, discussion on the back - plus downloadable teaching tips and activities for each emotion.



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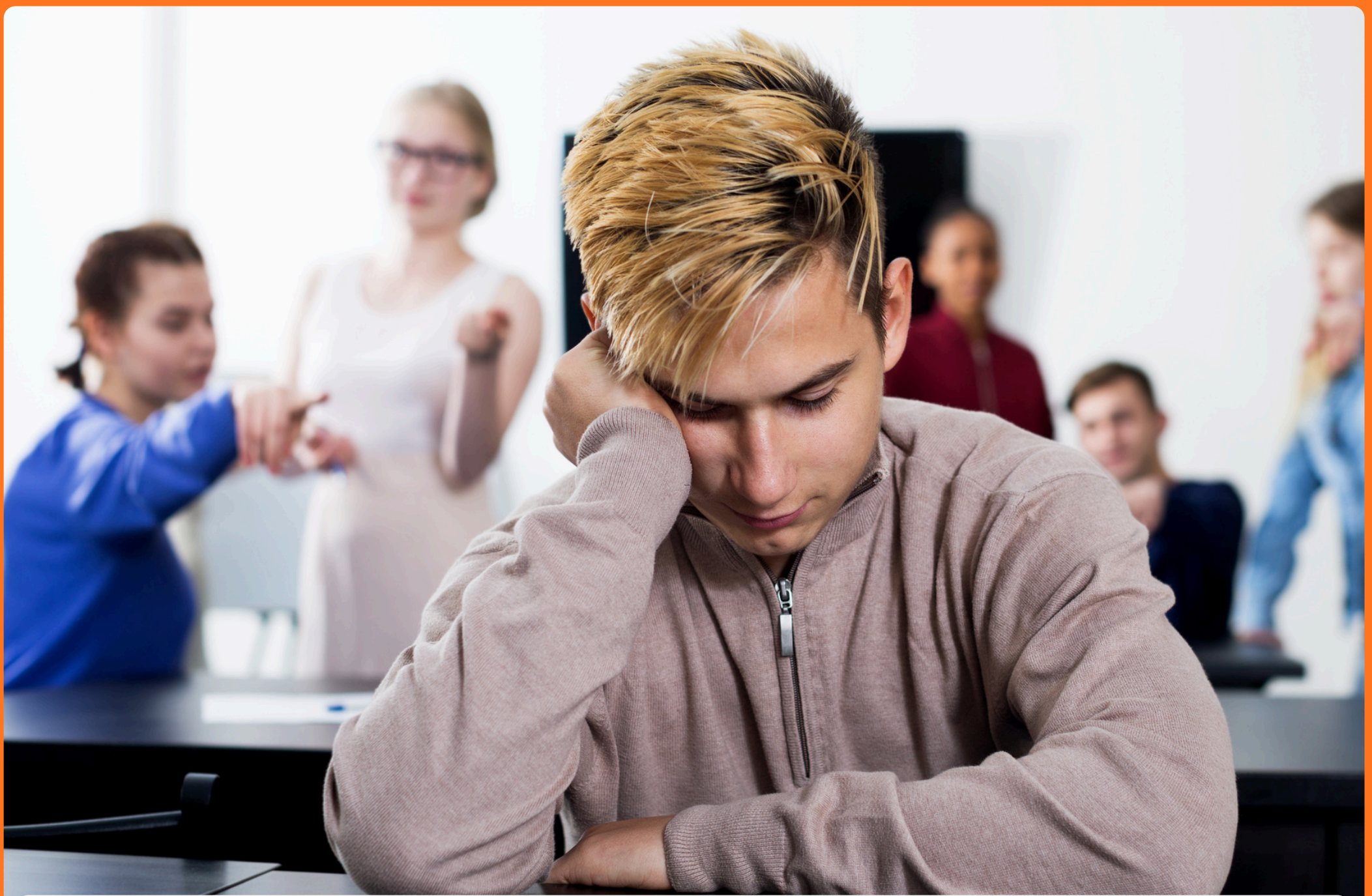
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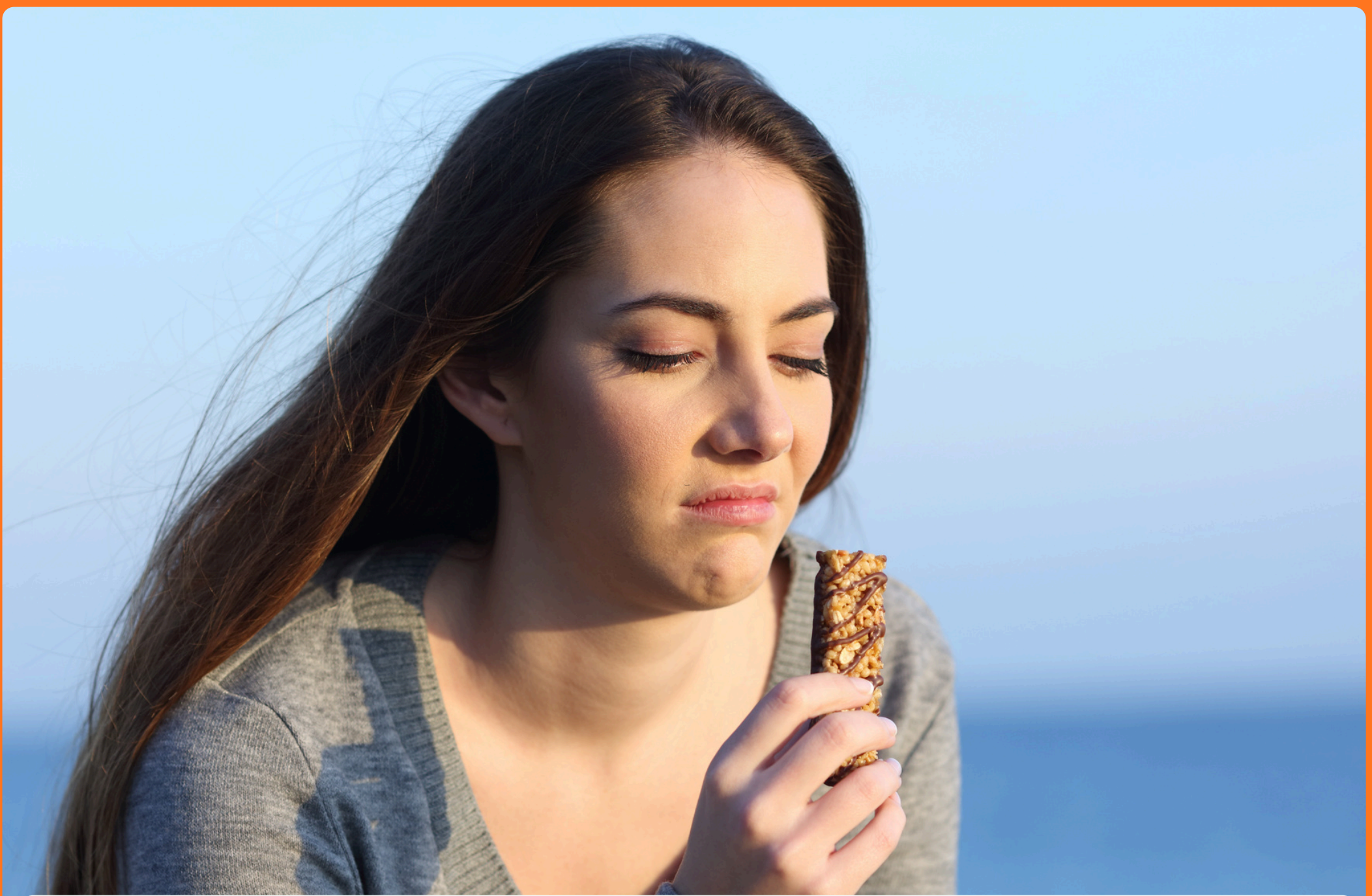
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