

TIPS FOR DEMONSTRATING EMOTIONS WITH PUPPETS



ANXIOUS, SCARED: Tremble with mouth closed, use slow stiff movements, try the “gulp”. Look around. Try being “jumpy.”

SAD: Slow movements, head down. Shake head slowly. Try the upper lip tucked into lower lip.

HAPPY: Fast movements, mouth open, head side to side.

SHY: Cover eyes using an arm rod (if possible), otherwise head down. Slow movements. Peep out, then retreat.

ANGRY: Mouth shut hard. Jerk whole body in a downwards motion.

BORED: Sigh. Yawn. Chin in hand. Stare down.