

“READING” SITUATIONS

Explain: In order to have good relationships with others, we practise **guessing what’s going on with them – even before we listen to what they have to say.** We do this by looking at body language and facial expression, by looking at who they are with, by looking what’s going on around them. We then try and **have a good guess** about how they might be feeling, what they might be thinking, what their relationship might be with the other person and what might have just happened/what is happening/or what might be about to happen. There are no right or wrong answers!!! It’s all about guessing. We can call this **READING A SITUATION.** When we get good at **reading a situation,** it can help us get along with them better. It means we are more likely to say the right things when we chat to them. If we don’t read a situation well, we can sometimes offend people or we might say something that seems mean – even though that’s not how we meant it to be! It’s complicated, so let’s practise guessing...

Look at the following pictures (courtesy of www.pixabay.com)

Try and have some good guesses about what is going on.

- 1. If there are two people (or even a person and an animal) in the photo, what relationship do you think they have?**
- 2. How do you think each person might be feeling? What might each person be thinking?**
- 3. What do you think might be going on? What is the person/people doing? Or might have just happened? Or what might be about to happen?** Try making up a couple of different answers for each photo.
- 4. If you can’t tell from the photo, MAKE IT UP! GUESS! Remember when you practise guessing it helps you get better at READING SITUATIONS.**

































